# **ELECTRIC FEMALE**

### Dietary Supplement (60 servings)

ELECTRIC FEMALE is a conveniently dose-packaged combination of three formulas that provide comprehensive nutritional support for health and well-being especially when higher vitamin D intake and long-lasting antioxidant support against free radical damage is desirable.\*

ActivNutrients® without Iron: A high-quality, hypoallergenic, proprietary multivitamin/mineral blend featuring activated vitamins, including folate as 5-MTHF (5-methyltetrahydrofolate), and patented Albion® chelated mineral complexes as easy-to-swallow vegetarian capsules.

OncoPLEX™ & D3: Each capsule provides 2000 IU of vitamin D3 and 15 mg of glucoraphanin from highly concentrated broccoli seed extract. Glucoraphanin is the precursor to sulforaphane, and it possesses antioxidant activity that lasts up to 72 hours—significantly longer than the activity of vitamins C, E, or beta-carotene. Glucoraphanin also activates the transcription factor Nrf2, which induces increased synthesis of phase 2 detoxification and antioxidant enzymes. D3 is provided as cholecalciferol, identical to the form in which it is derived in the body from cholesterol and synthesized by sunlight on the skin. D3 has been shown to raise and maintain serum vitamin D and increase storage concentrations of vitamin D better than D2.\*

Omega MonoPure® 650 EC: Features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This translates to less fish oil in a smaller softgel for easy swallowing. This IFOS five-star certified fish oil outperforms other fish oils through MaxSimil patented lipid absorption enhancement technology (PLATform).\*

- Provides Foundation Micronutrition for a Variety of Protocols\*
- Supports Improved
   Dietary Nutrient Intake\*
- Provides Long-Lasting Antioxidant Support\*
- Supports Individuals with Higher Vitamin D Requirements\*

Each packet contains two ActivNutrients™ without Iron capsules, one OncoPLEX™ & D3 capsule, and one Omega MonoPure® 650 EC softgel.

# **ELECTRIC FEMALE**

### Dietary Supplement (60 servings)

ActivNutrients <sup>®</sup> without Iron Supplement Facts Serving Size: 2 Capsules Servings Per Container: 60			OncoPLEX <sup>™</sup> & D3 Supplement Facts  Serving Size: 1 Capsule  Servings Per Container: 60
	Amount Per	%DV	Vitamin D3 (cholecalciferol)
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	Serving 1,120 mcg	124%	Glucoraphanin (from broccoli extract)(Brassica
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	139%	** Daily Value not established.  Omega MonoPure® 650 EC Supplem
Vitamin D3 (as cholecalciferol)	2.5 mcg (100 IU)	13%	Serving Size: 1 Softgel
Vitamin E (d-alpha tocopheryl succinate)	67 mg	447%	Servings Per Container: 60
Thiamin (as thiamine mononitrate)	10 mg	833%	Calories
Riboflavin (as riboflavin 5'-phosphate)	10 mg	769%	Total Fat
Niacin (as niacinamide and niacin)	32 mg	200%	Fish Oil Concentrate S3
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%	Total Omega-3 Fatty Acids
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup>	340 mcg DFE	85%	EPA (eicosapentaenoic acid)
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%	DHA (docosahexaenoic acid)
Biotin	500 mcg	1,667%	Percent Daily Values are based on a 2,000 cal
Pantothenic Acid (as d-calcium pantothenate)	100 mg	2,000%	** Daily Value (DV) not established.
Choline (as choline dihydrogen citrate)	18 mg	3%	
Calcium (as di-calcium malate <sup>S2</sup> , d-calcium pantothenate, and calcium ascorbate)	50 mg	4%	
lodine (as potassium iodide)	50 mcg	33%	
Magnesium (as di-magnesium malate) <sup>S2</sup>	50 mg	12%	
Zinc (as zinc bisglycinate chelate) <sup>S2</sup>	6.5 mg	59%	Suggested u
Selenium (as selenium glycinate) <sup>S2</sup>	50 mcg	91%	or twice daily
Copper (as copper bisglycinate chelate) <sup>S2</sup>	0.5 mg	56%	Healthcare p
Manganese (as manganese bisglycinate chelate) <sup>\$2</sup>	0.25 mg	11%	Storage instr
Chromium (as chromium nicotinate glycinate chelate) <sup>62</sup>	250 mcg	714%	cool, dry pla
Molybdenum (as molybdenum glycinate chelate) <sup>S2</sup>	25 mcg	56%	
Potassium (as potassium glycinate complex <sup>S2</sup> and potassium ascorbate)	49.5 mg	1%	Warning:
Inositol	18 mg		Consult your
PABA (para-aminobenzoic acid)	6 mg	**	before use if
			madications

375 mcg

Vanadium (as vanadium nicotinate glycinate chelate)<sup>S2</sup>

\*\* Daily Values not established

Servings Per Container: 60			
		Amount Per Serving	%D\
Vitamin D3 (cholecalciferol)		50 mcg (2,000 IU)	250%
Glucoraphanin (from broccoli extract)(Brassica oleracea	italica)(seed) <sup>S4</sup>	15 mg	**
** Daily Value not established.			
	ts		
Omega MonoPure <sup>®</sup> 650 EC Supplement Fac	ts		
Omega MonoPure® 650 EC Supplement Fac Serving Size: 1 Softgel	rts		
Omega MonoPure® 650 EC Supplement Fac Serving Size: 1 Softgel		Amount Per Serving	%DV
Omega MonoPure® 650 EC Supplement Fac Serving Size: 1 Softgel		Amount Per Serving	%DV
Omega MonoPure® 650 EC Supplement Fac Serving Size: 1 Softgel Servings Per Container: 60		0.500.00	% <b>DV</b> % <sup>‡</sup>

alorie diet.

use: Take one packet once ly, or as directed by your professional.

300 mg 130 mg

tructions: Keep closed in a ace out of reach of children.

# **ALLOSTATIC-S**

### Vitamin & Herbal Dietary Supplement (90 servings)

#### **ALLOSTATIC-S** is

formulated to counter the metabolic effects of temporary stress and support the body when energetically spent.\* The science-based selection of plant extracts, with the addition of vitamin C and pantethine, make ALLOSTATIC-S a well-rounded formula focused on hypothalamic-pituitary-a drenal adaptation.\* Key adaptogens include extracts of Panax ginseng, rhodiola, ashwagandha, and holy basil with peptidase and HCl support.

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	100 mg	111%
Asian Ginseng Extract (Panax ginseng) (root)	200 mg	*
Ashwagandha Extract (Withania somnifera) (root)	200 mg	*
Holy Basil Extract (Ocimum tenuiflorum) (leaf)	100 mg	*
Rhodiola Extract (Rhodiola rosea) (root)	75 mg	*
Eleuthero Extract (Eleutherococcus senticosus) (root)	50 mg	*
Pantethine	50 mg	*
Proprietary Blend:	78 mg	*
Boerhavia Extract (Boerhavia diffusa) (root)		
Betaine HCI		
Peptidase		
*Daily Value (DV) not established.		
Other ingredients: Vegetarian capsule (hypromellose), cellulose.		

#### Suggested use:

Take 1-2 capsules once a day, or as directed by your healthcare professional.

### Storage instructions:

Store at room temperature away from direct sunlight. Keep this container tightly closed.

#### Warning:

- Supports digestion during periods of stress with HCl and enzymatic support\*
- Supports mental and physical functionality during temporary stress\*
- Helps support calm and relaxed energy without stimulants\*
- Supports the healthy hypothalamic-pituitary-adrenal axis function\*

# CH3 MAX

### Multivitamin & Cofactor Dietary Supplement (45 servings)

CH3 MAX supports methylation reactions, important for metabolism of homocysteine, by providing a combination of targeted nutrients and cofactors. such as trimethylglycine at 550 mg and MSM at 50 mg per serving.\* This formula includes the antioxidant vitamins C and E. as well as high-potency riboflavin, vitamin B6, folate, and vitamin B12. In addition, this formula includes a biologically active form of folate (5-methyltetrahydrofolic acid or 5-MTHF), which is normally produced and available to the body only at the final stage of the folate metabolic process\*.

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	50 mg	56%
Vitamin E (as alpha-tocopherol acetate	(20 IU) 13 mg	87%
Riboflavin (as riboflavin 5'-phosphate)	30 mg	2308%
Vitamin B6 (as pyridoxal 5'-phosphate)	14 mg	824%
Folate (as L-5-methyltetrahydrofolate calcium)	2500 mcg DFE	625%
Vitamin B12 (as methylcobalamin)	1000 mcg	41667%
Magnesium (as magnesium citrate)	100 mg	24%
Choline (as choline bitartrate)	100 mg	18%
Trimethylglycine (as betaine anhydrous	550 mg	*
Betaine HCI	60 mg	*
MSM (methylsulfonylmethane)	50 mg	*
Beet (Beta vulgaris) (root)	50 mg	*
*D=!:- \/-!: (D\/) ==4 ==4=b!!=b=4		

<sup>\*</sup>Daily Value (DV) not established.

Other ingredients: Vegetarian capsule (hypromellose), cellulose, silica.

Suggested use: Take two capsules daily, or as directed by your Healthcare professional.

Storage instructions: Keep closed in a cool, dry place out of reach of children.

#### Warning:

- Supports Carbohydrate Metabolism
- Supports Healthy Nervous System/Adrenal/Immune Function
- Supports Cardiovascular Health
- Supports Healthy Mental Function and Mood

# **G-THIONE NEW**

### Amino Acid & Herbal Dietary Supplement (90 servings)

G-THIONE NEW is a first-of-its-kind formula designed to support the synthesis and recycling of glutathione, which is a key factor in cellular and mitochondrial antioxidant processes.\* It strategically combines complementary ingredients, such as selenium, N-acetyl L-cysteine, and standardized extracts of cordyceps and gotu kola, that have cohesive actions geared toward optimizing intracellular glutathione.\*

	Amount Per Serving	%DV
Selenium (as L-selenomethionine)	40 mcg	73%
Proprietary Blend:	825 mg	*
N-Acetyl L-Cysteine		
Cordyceps Extract (Cordyceps sinensis) (whole plant) (standardized to 7% cordyce	epic acid)	
Gotu Kola Extract (Centella asiatica) (whole plant) (standardized to 10% triterpener	s)	
Milk Thistle Extract (Silybum marianum) (seed) (standardized to 80% silymarin)		
L-Glutamine		
Alpha Lipoic Acid		
*Daily Value (DV) not established.		
Other ingredients: Vegetarian capsule (hypromellose), cellulose, dicalcium phosphate.		

Suggested use: Take 1 capsule 3 times a day, or as directed by your healthcare professional.

Storage instructions: Store at room temperature away from direct sunlight. Keep this bottle tightly closed.

- Supports the metabolism of intracellular glutathione\*
- Supports glutathione activity and related enzymatic processes\*
- Supports liver detoxification and conjugation pathways\*
- Helps support the ratio of reduced-to-oxidized glutathione\*

#### Warning:

# **G-THIONE NEW**

### Amino Acid & Herbal Dietary Supplement (90 servings)

	Amount Per Serving	%DV
Selenium (as L-selenomethionine)	40 mcg	73%
Proprietary Blend:	825 mg	*
N-Acetyl L-Cysteine		
Cordyceps Extract (Cordyceps sinensis) (whole plant) (standardized to 7% cordyce	pic acid)	
Gotu Kola Extract (Centella asiatica) (whole plant) (standardized to 10% triterpenes	3)	
Milk Thistle Extract (Silybum marianum) (seed) (standardized to 80% silymarin)		
L-Glutamine		
Alpha Lipoic Acid		
*Daily Value (DV) not established.		
Other ingredients: Vegetarian capsule (hypromellose), cellulose, dicalcium phosphate.		

- Supports the metabolism of intracellular glutathione\*
- Supports glutathione activity and related enzymatic processes\*
- Supports liver detoxification and conjugation pathways\*
- Helps support the ratio of reduced-to-oxidized glutathione\*

Suggested use: Take 1 packet once a day, or as directed by your healthcare professional.

Storage instructions: Store at room temperature away from direct sunlight. Keep this bottle tightly closed.

#### Warning:

# **G-THIONE MAX**

### Liquid Glutathione Amino Acid Dietary Supplement (47 servings)

G-THIONE MAX is a breakthrough new approach to glutathione supplementation. It features, for the first time in a liposomal solution, S-acetyl L-glutathione (SAG), combined with reduced glutathione (GSH), and N-acetyl L-cysteine (NAC). This formulation utilizes three ways to support glutathione—intracellular with SAG, intracellular biosynthesis with NAC, and extra/intracellular (systemic) support with GSH.\* Moreover, the liposomal S-acetyl L-glutathione in this formula provides a double layer (acetylation + liposomes) of protection to the glutathione molecule, further supporting its intracellular bioavailability.\*

- Supports intracellular and mitochondrial antioxidant processes\*
- Supports healthy brain function\*
- Supports the liver and detoxification activity\*
- Supports balanced immune system function\*

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	2 g	<1%‡
N-Acetyl L-Cysteine	125 mg	*
Phosphatidylcholine (from sunflower lecithin)	75 mg	*
Proprietary Glutathione Blend:	175 mg**	*
L-Glutathione (reduced)		
S-Acetyl L-Glutathione		
†Daily Values are based on a 2,000 calorie diet.		
*Daily Value (DV) not established.		
**At time of manufacturing.		

Other ingredients: Filtered water, glycerine, sunflower lecithin, natural flavors, potassium sorbate (to maintain freshness), luo han guo fruit extract.

Suggested use: Take 5 mL (approx. 1 teaspoon) orally 1-2 times a day, or as directed by your healthcare professional. SHAKE WELL BEFORE USE. Best used within 60 days of opening.

Storage instructions: REFRIGERATE UPON RECEIPT. Keep this bottle tightly closed.

#### Warning:

# **MULTI-TOX 30**

Enzyme Based, Multivitamin, Mineal, Amino Acid & Herbal Dietary Supplement (42 servings)

MULTI-TOX30 is designed to offer gastrointestinal and metabolic support.\* This formula includes the powerful combination of hypoallergenic nutrients, amino acids, and minerals, but excludes sources of rice and pea protein for those with sensitivities to grains or peas or who require low carbohydrate content. It also contains no sugars, which makes it ideal for anti-yeast diets.
MULTI-TOX30 is also intended to support liver detoxification and chemical biotransformation with targeted nutritional cofactors.\*

- Over 5 grams of targeted amino acids as protein replacement and to support individuals on special diets\*
- Intended to support a normal blood sugar balance in healthy individuals‡\*
- Formulated with nutrients and cofactors to offer support for the gastrointestinal and immune systems\*
- Formulated without sugars
- Designed for individuals with grain or pea sensitivities\*

Suggested use: Mix 1 scoop with 4-6 ounces of water. Mix well before drinking. Use once a day, or as directed by your healthcare professional. This product should not be used in a diet supplying less than 600 calories per day without complete medical supervision.

Storage instructions: Store at room temperature away from direct sunlight. Keep this container tightly closed.

# **MULTI-TOX 30**

# Enzyme Based, Multivitamin, Mineal, Amino Acid & Herbal Dietary Supplement (42 servings)

Calories from Fat         5           Total Fat         0.5 g         <1%†           Saturated Fat         0.5 g         3%†           Total Carbohydrates         3 g         <1%†           Dietary Fiber         <1 g         4%†           Vitamin A (as beta-carotene)         (850 IU) 255 mcg         28%           Vitamin C (as calcium ascorbate, manganese ascorbate)         850 mg         944%           Vitamin D (as cholecalciferol)         (150 IU) 3.75 mcg         19%           Thiamin (as thiamin mononitrate)         2 mg         167%           Riboflavin (as riboflavin 5'-phosphate)         2 mg         167%           Niacin (as niacinamide)         4 mg NE         25%           Vitamin B6 (as pyridoxal 5'-phosphate)         4 mg         235%           Folate (as calcium folinate)         100 mcg DFE         25%           Vitamin B12 (as methylcobalamin)         75 mcg         3125%           Biotin         75 mcg         250%           Choline (as choline bitartrate)         20 mg         4%           Calcium (as calcium ascorbate, dicalcium phosphate)         3 mg         1%           Phosphorus (as monosodium phosphate)         75 mg         18%           Zinc (as zinc citrate)         3 mg		Amount Per Serving	%DV
Total Fat 0.5 g <1%† Saturated Fat 0.5 g 3%† Total Carbohydrates 3 g <1%† Dietary Fiber <1 g 4%† Vitamin A (as beta-carotene) (850 IU) 255 mcg 28% Vitamin C (as calcium ascorbate, manganese ascorbate) Vitamin D (as cholecalciferol) (150 IU) 3.75 mcg 19% Thiamin (as thiamin mononitrate) 2 mg 167% Riboflavin (as riboflavin 5'- phosphate) Niacin (as niacinamide) 4 mg NE 25% Vitamin B6 (as pyridoxal 5'- phosphate) Folate (as calcium folinate) 100 mcg DFE 25% Vitamin B12 (as methylcobalamin) 75 mcg 3125% Biotin 75 mcg 250% Choline (as choline bitartrate) 20 mg 4% Calcium (as calcium ascorbate, dicalcium phosphate) Phosphorus (as monosodium 8 mg 1% Despendent of the properties of the propertie	Calories	35	
Saturated Fat         0.5 g         3%†           Total Carbohydrates         3 g         <1%†	Calories from Fat	5	
Total Carbohydrates         3 g         <1%†	Total Fat	0.5 g	<1%†
Dietary Fiber	Saturated Fat	0.5 g	3%†
Vitamin A (as beta-carotene)  Vitamin C (as calcium ascorbate, manganese ascorbate)  Vitamin D (as cholecalciferol)  Thiamin (as thiamin mononitrate)  Riboflavin (as riboflavin 5'- phosphate)  Vitamin B6 (as pyridoxal 5'- phosphate)  Folate (as calcium folinate)  Vitamin B12 (as methylcobalamin)  Biotin  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Phosphorus (as manganesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  Molybdenum (as molybdenum amino acid chelate)  Molybdenum (as molybdenum amino acid chelate)	Total Carbohydrates	3 g	<1%†
Vitamin C (as calcium ascorbate, manganese ascorbate)  Vitamin D (as cholecalciferol) (150 IU) 3.75 mcg 19%  Thiamin (as thiamin mononitrate) 2 mg 167%  Riboflavin (as riboflavin 5'- phosphate)  Niacin (as niacinamide) 4 mg NE 25%  Vitamin B6 (as pyridoxal 5'- phosphate)  Vitamin B12 (as methylcobalamin) 75 mcg 3125%  Prolate (as calcium folinate) 20 mg 4%  Choline (as choline bitartrate) 20 mg 4%  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium 8 mg 1%  Phosphorus (as manganesium citrate) 75 mg 18%  Zinc (as zinc citrate) 3 mg 27%  Selenium (as L-selenomethionine) 15 mcg 27%  Manganese (as manganese 4 mg 174%  Manganese (as manganese 5 4 mg 174%  Molybdenum (as chromium 40 mcg 114%  Molybdenum (as molybdenum amino acid chelate)	Dietary Fiber	<1 g	4%†
Manganese ascorbate)  Vitamin D (as cholecalciferol) (150 IU) 3.75 mcg 19%  Thiamin (as thiamin mononitrate) 2 mg 167%  Riboflavin (as riboflavin 5'- 2 mg 154%  phosphate)  Niacin (as niacinamide) 4 mg NE 25%  Vitamin B6 (as pyridoxal 5'- 4 mg 235%  phosphate)  Folate (as calcium folinate) 100 mcg DFE 25%  Vitamin B12 (as methylcobalamin) 75 mcg 3125%  Biotin 75 mcg 250%  Choline (as choline bitartrate) 20 mg 4%  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium 8 mg 1%  Phosphorus (as manganesium citrate) 75 mg 18%  Zinc (as zinc citrate) 3 mg 27%  Selenium (as L-selenomethionine) 15 mcg 27%  Manganese (as manganese 4 mg 174%  manganese (as manganese 3 mg)  Molybdenum (as chromium 40 mcg 114%  polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Vitamin A (as beta-carotene)	(850 IU) 255 mcg	28%
Thiamin (as thiamin mononitrate)  Riboflavin (as riboflavin 5'- phosphate)  Niacin (as niacinamide)  Vitamin B6 (as pyridoxal 5'- phosphate)  Folate (as calcium folinate)  Vitamin B12 (as methylcobalamin)  Biotin  75 mcg  250%  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Phosphorus (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  Molybdenum (as molybdenum amino acid chelate)	Vitamin C (as calcium ascorbate, manganese ascorbate)	850 mg	944%
Riboflavin (as riboflavin 5'- phosphate)  Niacin (as niacinamide)  Vitamin B6 (as pyridoxal 5'- phosphate)  Folate (as calcium folinate)  Vitamin B12 (as methylcobalamin)  Biotin  75 mcg  250%  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Phosphorus (as manganesium citrate)  Xinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  Miximum 154 mg  154%  100 mcg  100 mcg  125%  100 mcg  125%  100 mcg  100 mcg  100 mcg  100 mcg  110 mcg  125%  1100 mcg  125%  1100 mcg  125%  1100 mcg  125%  1100 mcg  125%  126%  127%  128	Vitamin D (as cholecalciferol)	(150 IU) 3.75 mcg	19%
Phosphate)  Niacin (as niacinamide)  Vitamin B6 (as pyridoxal 5'- phosphate)  Folate (as calcium folinate)  Vitamin B12 (as methylcobalamin)  Biotin  75 mcg  250%  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Phosphorus (as magnesium citrate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  Vitamin B12 (as methylcobalamin)  75 mcg  100 mcg  4%  100 mcg  14%  15 mcg  27%  18%  174%  174%	Thiamin (as thiamin mononitrate)	2 mg	167%
Vitamin B6 (as pyridoxal 5'- phosphate)  Folate (as calcium folinate)  Vitamin B12 (as methylcobalamin)  Biotin  75 mcg  250%  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Phosphorus (as magnesium citrate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  100 mcg 4%  100 mg 8%  1%  18%  27%  4 mg 174%  40 mcg 89%	Riboflavin (as riboflavin 5'- phosphate)	2 mg	154%
Phosphate) Folate (as calcium folinate) Vitamin B12 (as methylcobalamin) Biotin 75 mcg 250% Choline (as choline bitartrate) Calcium (as calcium ascorbate, dicalcium phosphate) Phosphorus (as monosodium phosphate) Phosphorus (as monosodium 8 mg Phosphate)  Magnesium (as magnesium citrate) Zinc (as zinc citrate) Selenium (as L-selenomethionine) Manganese (as manganese 4 mg ascorbate) Chromium (as chromium 40 mcg polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  100 mg 4% 100 mg 8% 11% 15 mcg 27% 16% 174% 18% 174% 18% 19% 19% 19% 100 mcg 100 mg 114% 100 mcg 114% 114% 114% 114% 115% 116% 116% 116% 116% 116% 116% 116	Niacin (as niacinamide)	4 mg NE	25%
Vitamin B12 (as methylcobalamin)  Biotin  75 mcg 250%  Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  75 mcg 250%  75 mcg 250%  8 mg 1%  75 mg 18%  75 mg 18%  75 mg 18%  75 mcg 27%  4 mg 174%  40 mcg 114%  40 mcg 89%	Vitamin B6 (as pyridoxal 5'- phosphate)	4 mg	235%
Biotin 75 mcg 250% Choline (as choline bitartrate) 20 mg 4% Calcium (as calcium ascorbate, dicalcium phosphate) Phosphorus (as monosodium phosphate)  Magnesium (as magnesium citrate) 75 mg 18% Zinc (as zinc citrate) 3 mg 27% Selenium (as L-selenomethionine) 15 mcg 27% Manganese (as manganese 4 mg 174% ascorbate)  Chromium (as chromium 40 mcg 114% polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Folate (as calcium folinate)	100 mcg DFE	25%
Choline (as choline bitartrate)  Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  20 mg 4%  100 mg 8%  11%  15 mg 18%  27%  4 mg 174%  40 mcg 114%  40 mcg 89%	Vitamin B12 (as methylcobalamin)	75 mcg	3125%
Calcium (as calcium ascorbate, dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  100 mg 8%  8 mg 1%  75 mg 18%  27%  3 mg 27%  4 mg 174%  40 mcg 114%  40 mcg 89%	Biotin	75 mcg	250%
dicalcium phosphate)  Phosphorus (as monosodium phosphate)  Magnesium (as magnesium citrate)  Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  8 mg 1%  75 mg 18%  27%  4 mg 27%  4 mg 174%  40 mcg 114%  40 mcg 89%	Choline (as choline bitartrate)	20 mg	4%
phosphate)  Magnesium (as magnesium citrate) 75 mg 18%  Zinc (as zinc citrate) 3 mg 27%  Selenium (as L-selenomethionine) 15 mcg 27%  Manganese (as manganese 4 mg 174%  ascorbate)  Chromium (as chromium 40 mcg 114%  polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Calcium (as calcium ascorbate, dicalcium phosphate)	100 mg	8%
Zinc (as zinc citrate)  Selenium (as L-selenomethionine)  Manganese (as manganese ascorbate)  Chromium (as chromium 40 mcg 114% polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Phosphorus (as monosodium phosphate)	8 mg	1%
Selenium (as L-selenomethionine)  Manganese (as manganese 4 mg 174% ascorbate)  Chromium (as chromium 40 mcg 114% polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Magnesium (as magnesium citrate)	75 mg	18%
Manganese (as manganese ascorbate)  Chromium (as chromium 40 mcg 114% polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Zinc (as zinc citrate)	3 mg	27%
ascorbate)  Chromium (as chromium 40 mcg 114% polynicotinate)  Molybdenum (as molybdenum amino acid chelate)	Selenium (as L-selenomethionine)	15 mcg	27%
polynicotinate)  Molybdenum (as molybdenum amino acid chelate)  40 mcg 89%	Manganese (as manganese ascorbate)	4 mg	174%
Molybdenum (as molybdenum amino acid chelate)	Chromium (as chromium polynicotinate)	40 mcg	114%
Sodium 65 mg 3%†	Molybdenum (as molybdenum amino acid chelate)	40 mcg	89%
	Sodium	65 mg	3%†

#### Proprietary Amino Acid Blend:

5025 mg

L-Glutamine, L-Alanine, Glycine, L-Isoleucine, L-Tyrosine, L-Proline, L-Asparagine, L-Threonine, Taurine, L-Valine, L-Cystine, L-Serine, L-Lysine (as L-Iysine monohydrochloride), L-Arginine (as L-arginine HCl), L-Phenylalanine, L-Glutamic Acid, N-Acetyl L-Cysteine, L-Leucine, Acetyl L-Carnitine HCl, L-Histidine, L-Tryptophan, D-Aspartic Acid, L-Methionine, L-Cysteine (as L-cysteine HCl)

#### Proprietary ClearVite™ Blend:

1400 mg

Medium Chain Triglycerides Oil, Evening Primrose Oil (*Oenothera biennis*) (seed), Milk Thistle Extract (*Silybum marianum*) (seed), Quercetin (as quercetin dihydrate), Hesperidin (from Orange Extract [*Citrus aurantium*]) (fruit), Rutin (from Japanese Pagoda Tree Extract [*Sophora japonica*]) (bud), Enzyme Blend (amylase, protease, glucanase, lipase), Gamma Oryzanol, *L. Acidophilus*, Ginger (*Zingiber officinale*) (root)

† Daily Values are based on a 2,000 calorie diet.

Other ingredients: Cellulose, natural flavors, luo han guo fruit extract, sodium bicarbonate, sea salt, silica.

#### Warning:

<sup>\*</sup> Daily Value (DV) not established.