

# ELECTRIC FEMALE

Dietary Supplement (60 servings)

**ELECTRIC FEMALE** is a conveniently dose-packaged combination of three formulas that provide comprehensive nutritional support for health and well-being especially when higher vitamin D intake and long-lasting antioxidant support against free radical damage is desirable.\*

**ActivNutrients®** without Iron: A high-quality, hypoallergenic, proprietary multivitamin/mineral blend featuring activated vitamins, including folate as 5-MTHF (5-methyltetrahydrofolate), and patented Albion® chelated mineral complexes as easy-to-swallow vegetarian capsules.

**OncoPLEX™ & D3:** Each capsule provides 2000 IU of vitamin D3 and 15 mg of glucoraphanin from highly concentrated broccoli seed extract. Glucoraphanin is the precursor to sulforaphane, and it possesses antioxidant activity that lasts up to 72 hours—significantly longer than the activity of vitamins C, E, or beta-carotene. Glucoraphanin also activates the transcription factor Nrf2, which induces increased synthesis of phase 2 detoxification and antioxidant enzymes. D3 is provided as cholecalciferol, identical to the form in which it is derived in the body from cholesterol and synthesized by sunlight on the skin. D3 has been shown to raise and maintain serum vitamin D and increase storage concentrations of vitamin D better than D2.\*

**Omega MonoPure® 650 EC:** Features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This translates to less fish oil in a smaller softgel for easy swallowing. This IFOS five-star certified fish oil outperforms other fish oils through MaxSimil patented lipid absorption enhancement technology (PLATform).\*

- **Provides Foundation Micronutrition for a Variety of Protocols\***
- **Supports Improved Dietary Nutrient Intake\***
- **Provides Long-Lasting Antioxidant Support\***
- **Supports Individuals with Higher Vitamin D Requirements\***

Each packet contains two ActivNutrients™ without Iron capsules, one OncoPLEX™ & D3 capsule, and one Omega MonoPure® 650 EC softgel.

# ELECTRIC FEMALE

## Dietary Supplement (60 servings)

### ActivNutrients® without Iron Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	1,120 mcg	124%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	139%
Vitamin D3 (as cholecalciferol)	2.5 mcg (100 IU)	13%
Vitamin E (d-alpha tocopheryl succinate)	67 mg	447%
Thiamin (as thiamine mononitrate)	10 mg	833%
Riboflavin (as riboflavin 5'-phosphate)	10 mg	769%
Niacin (as niacinamide and niacin)	32 mg	200%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup>	340 mcg DFE	85%
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%
Biotin	500 mcg	1,667%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	2,000%
Choline (as choline dihydrogen citrate)	18 mg	3%
Calcium (as di-calcium malate <sup>S2</sup> , d-calcium pantothenate, and calcium ascorbate)	50 mg	4%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as di-magnesium malate) <sup>S2</sup>	50 mg	12%
Zinc (as zinc bisglycinate chelate) <sup>S2</sup>	6.5 mg	59%
Selenium (as selenium glycinate) <sup>S2</sup>	50 mcg	91%
Copper (as copper bisglycinate chelate) <sup>S2</sup>	0.5 mg	56%
Manganese (as manganese bisglycinate chelate) <sup>S2</sup>	0.25 mg	11%
Chromium (as chromium nicotinate glycinate chelate) <sup>S2</sup>	250 mcg	714%
Molybdenum (as molybdenum glycinate chelate) <sup>S2</sup>	25 mcg	56%
Potassium (as potassium glycinate complex <sup>S2</sup> and potassium ascorbate)	49.5 mg	1%
Inositol	18 mg	**
PABA (para-aminobenzoic acid)	6 mg	**
Vanadium (as vanadium nicotinate glycinate chelate) <sup>S2</sup>	375 mcg	**

\*\* Daily Values not established

### OncoPLEX™ & D3 Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin D3 (cholecalciferol)	50 mcg (2,000 IU)	250%
Glucoraphanin (from broccoli extract)( <i>Brassica oleracea italica</i> )(seed) <sup>S4</sup>	15 mg	**

\*\* Daily Value not established.

### Omega MonoPure® 650 EC Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 60

	Amount Per Serving	%DV
Calories	5	
Total Fat	0.5 g	1% <sup>‡</sup>
Fish Oil Concentrate <sup>S3</sup>	650 mg	**
Total Omega-3 Fatty Acids	430 mg	**
EPA (eicosapentaenoic acid)	300 mg	**
DHA (docosahexaenoic acid)	130 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established.

**Suggested use:** Take one packet once or twice daily, or as directed by your Healthcare professional.

**Storage instructions:** Keep closed in a cool, dry place out of reach of children.

**Warning:**  
Consult your healthcare professional before use if pregnant, nursing, taking medications, or for any use by minors. Do not use it if the safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** This product is not intended to diagnose, treat, cure, or prevent any disease. For nutritional use only.