

# Physician Directed Nutrients

CREATING healABILITY  
since 1995

## THE FARLEY NEURO-BIOMEDICINE PROGRAM



PREMIUM QUALITY PRODUCTS  
RESTORING TO A BETTER LEVEL OF FUNCTION

# why quality nutrients?

Here in the office the **Physician Directed Nutrients** that I prescribe are an essential part of the **high-quality care** that you receive in the office. I rely on these nutrients to **aid in the results** and be part of the creating healABILITY program. Years ago, I used to use general nutrients from general supplement stores. My first practice was above a GNC, I used those products until I looked further into them and realized I wasn't satisfied with the results. I went to a few other general brands before around 10 years ago I began to get involved in my own private label brand. **With my own brand I can carry the best quality nutrients possible.** These products have my personal endorsement and are the exact products my family and I use daily. If you go to my house and open my pantry you will see the exact same products that I recommend.

I've been using nutrients for over 35 years, and I see a lot of inconsistencies in nutrients. Those being improper or lack of an immune response in the ingredients and impurities of the products. What makes the products different is an important thing to understand. There are exceptional standards that I hold myself to when you're coming in as a patient. **Everything I do, I try to do at the best possible level that I can.** My father used to use a term called Rube Goldberg. And the joke was, "Don't Rube Goldberg things," meaning do your best at whatever it is that you do.

All the formulas are immune neutral apart from a few intentionally designed products that support certain concepts or branches of the immune system. Each formula is also tested for dairy and

gluten to be sure they do not cross contaminate the product. The bioavailability of these products is of top priority. When tablets are made many times, they are smashed together with a machine that makes them as dense as a piece of metal. What happens then is because they are so dense, they never fully digest so they pass right through the body. To ensure excellent bioavailability the nutrients are patented chelated minerals from Albion Laboratories. Only Albion minerals have the science to stop the ionization in the stomach - **absorbing at a much higher rate** than other mineral salts, and showing an increase in safety, digestibility, and stomach comfort. Minerals are a big one. I have people come and say they can't take this or that and many times the reason why they have not been able to take these types of nutrients in the past lies in the quality and form of the nutrient. Delivery also plays a role if you want to achieve the best possible results. The acid-resistant and other controlled-release technologies surrounding the supplements allow my formula to be dispensed and absorbed at the ideal time and location within the body, which encourages **optimum effectiveness and results.** These are all aspects of the nutrients I'm supplying to you if you're using my private label. All my products are **California Prop 65 Certified.** This means no warning label needs to be placed on any label for these formulas. Proposition 65 requires businesses to provide warnings to Californians about significant exposures to chemicals that cause cancer, birth defects or other reproductive harm. No warning = no harmful chemical exposure. To ensure top quality the products are tested to verify the identity, purity, potency, and composition of all raw materials when they come in, and all

finished products before they leave the facility. It's guaranteed that each of our high-quality formulas are **100% compliant** with the ingredients listed on the label, meet, or exceed cGMP quality standards, and undergo rigorous testing. Good Manufacturing Practices (cGMPs) guarantee that our formulas meet strict requirements for product quality, as defined by the U.S. Food and Drug Administration. The cost of my nutrients is right in line with what nutrients are right in line with what nutrients cost. If they're slightly more expensive it's because it's a better-quality product, better bioavailability, and produces results. Many of the products use a soft gel capsule for convenient consumption and digestion. I don't use tablets because they are very hard for the body to absorb.

These nutrients are **Physician Directed Nutrients**. I'm not giving general recommendations to treat a disease. I do not give out nutrients solely for your hair, or skin, or sleep. The nutrients are not meant to treat any symptom. I take what I have **identified through your bloodwork** and give you what I think is best to correct those mechanisms or **restore those mechanisms to a better level of function**.

When I give you a nutrient it is typically a formulation which means the nutrient is a combination of formulas for a variety of reasons. What does this mean? For instance, if I find that you're dropping into hypoglycemia (low blood sugar) I may give you a nutrient that contains six or seven different vitamins, minerals, herbs, enzymes, etc. Whatever may be in that formulation has been shown in the scientific literature to support hypoglycemia. These nutrients are all science-evidence based which means that the ingredient has been proven to support those specific mechanisms, in this case it's hypoglycemia. I then take those different

ingredients and combine them to create a formulation. Now you have all the best products that are science-evidence based to create the best possible results.

The products are also always being updated. If we find that there's another product that has been shown to help with something specific, in this case sticking with hypoglycemia, my nutrient will also change to include that.

Vitamins and minerals do not need to be approved by the FDA because they are **naturally occurring** in our environment and bodies. They do not pose any negative side effects to the user. The FDA approvals are on drugs. **A vitamin or mineral becomes a drug when its DNA becomes altered**, chemically changing it to something that is not naturally occurring. Roughly 1/3 of all FDA approved drugs will be removed from the market. This means that after studies are done the drug is released to the public but generates a substantial amount of side effects/death resulting in the drug being pulled off the market. Drugs are also considered GMO because they have been chemically modified causing them to **generate side effects** and pose danger to the users. **Vitamins and minerals are non-GMO**. They also cannot be patented because they are naturally occurring.

**The products that I provide here are all based on science**. I give you products based on what your blood work shows that you need to restore the different mechanisms of action.

**The supplements are aimed at lowering your allostatic stress load and raising your healABILITY by allowing the power that made the body heals the body.**

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