

# 3 OMEGA

## Emulsified Omega 3 Fatty Acids with Vitamin and Mineral Cofactors (31 servings)

**3 OMEGA** is a unique formulation that delivers 950 mg of omega-3 and -6 fatty acids in every tablespoon. This product is prepared using an advanced emulsification process which creates micronized structures that increase the surface-to-volume ratio of particles to make them more available to enzymatic action.\* To optimize absorption, fatty acid metabolism, and overall system support, this formulation is specially emulsified, and vitamin and mineral cofactors and the amino acid taurine are added.\* This pleasant-tasting liquid is ideal for serving flexibility and for those who cannot take softgels.

- **Supports a balanced production of cytokines, prostaglandins, and leukotrienes\***
- **Supports healthy cell membrane composition\***
- **Supports neurological, cardiovascular, and immune health\***
- **Supports healthy blood sugar metabolism†\***
- **By supplying the precursors EPA and DHA, helps the body endogenously form specialized proresolving mediators (SPMs)\***

	Amount Per Serving	%DV
Calories		35
Calories from Fat		35
Total Fat	4 g	5%†
Saturated Fat	1 g	5%†
Polyunsaturated Fat	1.5 g	*
Cholesterol	30 mg	10%
Vitamin E (as d-alpha tocopherol succinate)	4 mg (6 IU)	27%
Niacin (as nicotinic acid)	2.5 mg NE	16%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.5 mg	147%
Calcium (as calcium glycinate)	20 mg	2%
Magnesium (as magnesium glycinate)	10 mg	2%
Zinc (as zinc glycinate)	5 mg	45%
Molybdenum (as molybdenum amino acid chelate)	40 mcg	89%
EPA (eicosapentaenoic acid)	500 mg	*
DHA (docosahexaenoic acid)	350 mg	*
GLA (gamma-linolenic acid)	100 mg	*
Taurine	75 mg	*
†Daily Values are based on a 2,000 calorie diet.		
*Daily Value (DV) not established.		

**Other ingredients:** Filtered water, fish body oil (sardine, herring, mackerel, anchovy), vegetable glycerin, evening primrose oil, citric acid, sunflower seed lecithin, natural flavor (orange), xanthan gum, sodium citrate, potassium sorbate (to maintain freshness), luoguo fruit extract, turmeric root extract (natural coloring).

**Suggested use:** Take 1 tablespoon 1-2 times a day with a meal, or as directed by your healthcare professional. SHAKE WELL BEFORE USE.

**Storage instructions:** REFRIGERATE UPON RECEIPT. Keep this bottle tightly closed.

**Warning:**  
Consult your healthcare professional before use if pregnant, nursing, taking medications, or for any use by minors. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN. This product is not intended to diagnose, treat, cure, or prevent any disease. For nutritional use only.